



**FIG TRA WORLD CUP "ASTRONAUT ALEKSANDROV" AND  
INTERNATIONAL TOURNAMENT FOR AGE GROUPS "SOFIA CUP"  
3-7 OCTOBER, 2012  
SOFIA, BULGARIA**



**GENERAL PROGRAM - REVISD 1 !!!**

**3rd October (Wednesday)**

- All day** Arrival of the Delegations at Sofia Airport  
**14.00 - 20.00** Accreditation – At the hotel  
**12.30 - 14.00** Lunch at the sport hall  
**15.00 - 20.00** Free Training – Training Hall  
**19.00 - 22.00** Dinner at the restaurant of the hotel

**4th October (Thursday)**

- 07.00 - 10.00** Breakfast at the restaurant of the hotel  
**09.00 - 18.00** Training as per schedule in the Training Hall and the Competition Hall  
**12.30 - 15.00** **Lunch at the sport hall**  
**13.00 - 15.00** Return of the Competition cards in the **Secretariat of the sport hall**  
**15.00 - 15.30** Orientation Meeting for the World Cup in the hall - at the Press centre  
**15.30 - 16.00** Orientation Meeting for Sofia Cup in the hall - at the Press centre  
**16.00 - 16.30** Judges Meeting – TRA World Cup in the hall - at the Press centre  
**16.30 - 17.00** Judges Meeting – TUM World Cup in the hall - at the Press centre  
**17.00 - 18.00** Judges Meeting – TRA, TUM and DMT Sofia Cup in the hall – at the Press centre  
**19.00 - 22.00** Dinner at the restaurant of the hotel  
**20.30 - 22.00** **WELCOME PARTY** for the Representatives of FIG, the Head of Delegations, the accredited Judges with the Organizing Committee – at the Hotel

**5th October (Friday)**

- 07.00 - 10.00** Breakfast at the restaurant of the hotel  
**08.30 - 19.00** Training as per schedule in the **Training Hall**  
**09.00 - 09.30** Qualifications Sofia Cup TRA Girls 11-12  
**09.30 - 10.00** Qualifications Sofia Cup TRA Girls 13-15 Group 1  
**10.00 - 10.30** Qualifications Sofia Cup TRA Girls 13-15 Group 2 and TUM Boys 13-15  
**10.30 - 11.00** Qualifications Sofia Cup TRA Girls 16-17 and TUM Boys 16-17  
**11.00 - 11.30** Qualifications Sofia Cup TRA Boys 11-12 and TUM Girls 13-15  
**11.30 - 12.00** Qualifications Sofia Cup TRA Boys 13-15 Group 1  
**12.00 - 12.30** Qualifications Sofia Cup TRA Boys 13-15 Group 2  
**12.30 - 13.00** Qualifications Sofia Cup TRA Boys 16-17  
**12.30 - 15.00** **Lunch at the sport hall**  
**13.00 - 15.00** Free Training – **Competitors World Cup ONLY – Competition Hall**  
**15.00 - 15.45** Qualifications World Cup TRA SYN Men Group 1 and Women  
**15.45 - 16.30** Qualifications World Cup TRA SYN Men Group 2  
**16.45 - 17.15** **Opening Ceremony**  
**17.30 - 18.15** Qualifications World Cup TRA Men and Women Group 1  
**18.15 - 19.00** Qualifications World Cup TRA Men and Women Group 2  
**19.00 - 19.45** Qualifications World Cup TRA Men Group 3 and TUM Men  
**19.00 - 22.00** Dinner at the restaurant of the hotel

### 6th October (Saturday)

- 07.00 - 10.00** Breakfast at the restaurant of the hotel
- 09.00 - 17.00** Training as per schedule in the **Training Hall**
- 09.30 - 09.55** Finals Sofia Cup TRA SYN Girls 11-12 and 13-15 and TUM Boys 11-12
- 09.55 - 10.20** Finals Sofia Cup TRA SYN Girls 16-17 and TUM Girls 11-12
- 10.20 - 10.45** Finals Sofia Cup TRA SYN Boys 11-12, 13-15 and 16-17 and TUM Boys 13-15
- 10.45 - 11.10** Finals Sofia Cup TRA Girls 11-12 and TUM Girls 13-15
- 11.10 - 11.35** Finals Sofia Cup TRA Girls 11-12 and TUM Girls 13-15
- 11.35 - 12.00** Finals Sofia Cup TRA Girls 16-17 and TUM Girls 16-17
- 12.00 - 12.25** Finals Sofia Cup TRA Boys 11-12 and DMT Girls and Boys - 13-15 and 16-17
- 12.25 - 12.50** Finals Sofia Cup TRA Boys 13-15 and DMT Girls and Boys 11-12
- 12.50 - 13.15** Finals Sofia Cup TRA Boys 16-17
- 13.15 - 13.45** **Award Ceremony Sofia Cup**
- 12.30 - 15.00** **Lunch at the sport hall**
- 14.00 - 14.50** Free Training – **FINALISTS World Cup ONLY – Competition Hall**
- 15.00 - 15.25** Finals World Cup TRA Synchro Women
- 15.25 - 15.50** Finals World Cup TRA Synchro Men
- 15.50 - 16.15** Finals World Cup TUM Women
- 16.15 - 16.40** Finals World Cup TUM Men
- 16.40 - 17.05** Finals World Cup TRA Ind. Women
- 17.05 - 17.30** Finals World Cup TRA Ind. Men
- 17.30 - 18.30** **Award Ceremony World Cup**
- 21.00 - 01.00** Official Dinner/Banquet at the restaurant of the hotel

#### **ATTENTION!**

**WARM-UP – For the Qualification and Final competitions, Trampoline competitors will have 30 seconds warm-up (one touch) and Tumbling and DMT competitors will have 2 passes immediately prior to competition.**

### 7th October (Sunday)

- 07.00-10.00** Breakfast at the restaurant of the hotel
- All day** Departure of the Delegations